



National PTA Reflections® Program Dance Choreography Rules



All participants must also follow General Rules for Participation. All students must complete a student entry form for tracking purposes. Only students that advance to the next round will be asked to complete an online student entry form.

Description:

A dance choreography entry must be an original choreographed dance recorded on a DVD. The choreography must be the work of one student and must demonstrate creativity and interpretation of the current National PTA Reflections® Program theme.

The choreographer may be the performer or one of the performers, but does not have to be. Whether an entry uses a variety of techniques or a simple approach, it will be judged primarily on how well the student uses his or her artistic vision to portray the theme. Therefore, it is very important that the student show a clear relation of the dance choreography to the theme. The connection should be made evident through the use of song, props, and the dance itself.

Traditional Dance

The modification of the steps and the interpretation of the dance are considered when judging a traditional dance for creativity and/or originality. An explanation of the origin of the dance and/or the significance of the choreography might be a useful addition to the artist statement when submitting a dance choreography entry that involves traditional cultural or regional dances.

Presentation:

- Entries may not exceed five minutes.
- The dance choreography should directly relate to the theme.
- Submit a DVD of a performance of the dance choreography.
- The choreographer is not required to be the (or one of the) performer(s).
- Use of copyrighted music in dance choreography is **acceptable** when the **title, composer and performer of any music in the submission are credited and documented** in the artist statement. If the entry's connection to the theme is expressed in the song choice, this should be explained in the artist statement.
- Submit a performance of the dance on DVD packaged in a cardboard or plastic container.
- Label both the DVD and container with your name, grade division and the title of your dance.
- Pack the DVD in a large envelope and use masking tape to secure your Student Entry Form to the outside of the envelope using a sheet protector, so that it is still accessible for photocopying. Do not tape over the opening of the sheet protector.

Recommendations for Quality Recordings:

- Use a tripod to hold the camera still.
- Make sure there is plenty of lighting, especially if shooting indoors.
- Turn off all noise-making devices in the room (air conditioners, fans, telephones, etc.).
- Make sure the background music (if any) is audible on the recording.

Format:

The National PTA Reflections Program accepts most common file formats for entry, including any of the following:

- **Video:** AVI, MOV, MPG, MPEG, WMV, FLV
- **Maximum Upload File Size:** 1GB (one gigabyte)